



Tips and Hints!

Faye Yarroll received her first cochlear implant in 2005 and her second in 2007. Today, Faye has bilateral cochlear implants and is an active member of the Cochlear Awareness Network in Australia. Faye shares her tips and hints to help other recipients.

Personal Audio Cable Accessories

What is the best cable to use to listen to your iPod, Walkman, MP3, portable radio or any other battery operated audio products?

There are a number of products available on the market to assist you to listen to a personal audio device. Depending on your preference, you need to look at what is BEST FOR YOU! Everyone is different and it also depends on whether you wear glasses or not as to what fits or connects best on your ear with your processor.



Cochlear Freedom “Personal Audio Cable”



One of my favourite cables is the Cochlear Personal Audio Cable (known as a **PAC** cable). I use this cable to connect to my personal audio device and the PAC connects directly into the bottom of your Freedom processor in the Accessory socket. Using this cable is easy, and you don't have the problem that you might have with other products where a small thin ear hook may fall off your ear when listening to music...this is a direct connection to your processor. The PAC cable has a firm and simple connection and is only to be used for battery operated audio products. I have a range of Audio listening cables, but this is probably my favourite for when I am listening to music.

This product is available from Cochlear Customer Services. Product Z60830 – Freedom Personal Audio Cable.

How do I contact Cochlear Customer Services?

Email: customerservice@cochlear.com.au

Telephone: (Aust) 1800 620 929 (NZ) 0800 444 819

More Information: <http://www.cochlear.com.au/Products/default.asp>

NoiZfree Music & Mobile Cable

Best of both worlds, this cable allows you to listen to your MP3, Walkman, iPod or any music source that features the standard 3.5mm sound plug output as well as being used as a special hands free accessory that you simply plug into your mobile. It comes with 2.5mm generic plug and offers hands free conversion, improved speech clarity and reduces distortion and background noise. The quality of sound from this cable is very good. The cable is 2.5mm and has a 3.5mm bonus adaptor.

One of the benefits of using this cable is that it is easy to slip the tiny ear hooks over your ear and you can put it on and take it off your ear very quickly if someone comes up to talk to you whilst you are listening to music etc. This product is available from Cochlear Customer Services. Product Z61135 - NoiZfree Music & Mobile.



HATIS Audio Cable

I have tried the HATIS Audio Cable, but due to the fact that I wear optical glasses in addition to wearing my Cochlear Speech Processor on each ear, I find I do not have sufficient room for the HATIS product to comfortably sit correctly on my ear. There just isn't enough room on my ear for everything. The HATIS ear hook is slightly thicker in dimension and therefore takes up more room on your ear.

I prefer to use the Cochlear Personal Audio Cable directly into my device or to use the NoiZfree Music Cable and I trialled the HATIS Mach I, but found it did not meet my requirements. Again, each person needs to assess products for themselves and see what best suits your personal needs.



What advice would you offer to other implant recipients?

These are only a few of the personal cables I use, so please make sure you check out the products available on the market today as I am sure new products are becoming available all the time.

Faye can be contacted on email: fayeyarroll@optusnet.com.au or Phone: (02) 9706 8007 should you wish to ask her any other questions.