

Technology Feature – Travel Alarm Clock

Faye Yarroll is a Bilateral Freedom Cochlear Implant Recipient (1st 2005, 2nd 2007). Faye shares her tips and hints with other recipients through her active membership of Cicada as well as being a member of the Cochlear Awareness Network (CAN).



Whilst travelling, I never leave home without my portable

“Shake Awake Alarm Clock”.



When you travel your personal internal time clock often gets jet lagged and it is sometimes difficult to wake up at a certain time. Having a Shake Awake Vibrating Alarm Clock allows you to travel and be confident you will always wake up on time. This clock is compact, self contained, and a battery powered vibrating alarm clock. The powerful vibrating motor will wake even the heaviest sleeper. It nestles under the pillow or in your pocket.

What advice would you offer to other implant recipients when travelling?

Be independent and make sure you look after yourself and not rely on others to wake you up. There are a number of great Alarm Clocks and even Vibrating Wrist watches on the market for Hearing Impaired people, so do some research and check out the variety of products that can be used to make your life that little bit easier.

Also when travelling, be responsible and upon Check-In at your accommodation or hotel make sure you advise reception that you are hearing impaired in case of emergency. It is a fact that most people take off their Speech Processor or Hearing Aids at night, so for your own safety make sure you know where the nearest emergency exit is and that you have inform reception.

Faye can be contacted on email: fayeyarroll@optusnet.com.au or Phone: (02) 9706 8007 should you wish to ask her any other questions.